

# THE YELLOW DRAGON OF SLOTH

Akedia

The yellow dragon is slothful, lethargic and weak  
He lives uninspired and tired and bleak.  
He puts the drag in the dragon, the low in the slow  
Don't fall for his trap, or nowhere you'll go  
St. Paul had the zeal of 10,000 suns  
He first used it for evil, but then met the One  
Jesus sent him on mission, his passion on fire  
Spreading the gospel with burning desire.  
Your life also has mission, this much is true  
With the sword of the spirit you can slay dragons too.

*Sir Rolland Paterlot,*  
Faithful Knight to the One True Light