

THE INDIGO DRAGON

Gula

The indigo dragon changes color like moods
It's greedy like green but this time for foods
It has a mysterious mixture of purple and blue
And a dangerous appetite that can't be subdued
Temperance and fasting can keep it at bay
Like Therese of Lisieux and her little way
Small sacrifices are great acts of love
That can conquer this dragon that can't get enough
The Wristband of Right Judgment can help you decide
Choices that keep you healthy, wealthy, and wise

Sir Rolland Paterlot,
Faithful Knight to the One True Light