

DRAGON SLAYERS EXAMINATION OF CONSCIENCE

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LOVE OF GOD

Beware of Dragons:
BRAGGEN, SLACKBOTTOM

1

Have I made anything more important than God: myself, others, money, things I own, things I want, ideas, activities, or goals? Have I set aside time to pray to God every day? Have I acted pridefully, as if I know everything, am better than others, or don't need God or others?

DON'T TAKE GOD'S NAME IN VAIN

Beware of Dragons:
STINKMOUTH, BUCEPHALUS

2

Have I used God's name in a bad way? Have my words hurt God, his Church, or the good he wants for all people? Have my words and actions given glory to God's name? Have I shared my faith with those who do not know God? Have I said my prayers mindlessly without care or reverence for whom I am speaking to?

KEEP HOLY THE SABBATH

Beware of Dragons:
FRANTIX, BRAGGEN

3

Have I gone to Mass each Sunday & Holy Days of Obligation? Have I fully shared in the celebration of Mass? Have I listened to the Word of God and the homily? Have I received the Eucharist reverently? Have I spent my Sundays in prayer, rest, service, and family time?

HONOR FATHER AND MOTHER

Beware of Dragons:
STINKMOUTH, SLACKBOTTOM

4

Have I given love and respect to my father and mother? Have I obeyed my parents and others in authority? Have I tried to help them without being asked? Have I whined, complained, nagged, or otherwise been difficult toward my parents or teachers? Have I been loving and respectful to my brothers and sisters?

DON'T KILL

Beware of Dragons:
BUCEPHALUS, MALEFACTOR,
NEMECYST, MORGHALL,
STINKMOUTH

5

Have I been a good citizen? Have my words and actions strengthened my community, or harmed it? Have I hurt others, with my hands or my words? Have I given support or encouragement to those who hurt others? Have I excluded others, or treated them with less respect than they deserve as children of God? Have I held onto anger or hatred toward others? Have I refused to forgive others?

ACT OF CONTRITION EXAMPLES

Oh my God, I am heartily sorry for having offended thee. I detest all my sins because of thy just punishment, but most of all because I offend thee my God, who is all good and deserving of all my love. I firmly resolve, with the help of thy Grace, to sin no more, and avoid the near occasions of sin. Amen.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you, whom I should love above all things. I firmly intend with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy. Amen.

DON'T COMMIT ADULTERY

6

Beware of Dragons:
BOGS, BREATHBANE,
RENDAGON, MORHGALL, GOLGOTH

Have I respected my body and respected other people's body? Have I given my body what it needs to be strong and healthy? Have I been joyful and grateful for the health and gifts God gives me? Have I helped others when they are sick or hurt and trusted in God when I am sick or hurt?

DON'T STEAL

7

Beware of Dragons:
YOUERPIN,
SNUFFWICK, CRINGE
LIVER, SLACKBOTTOM

Have I taken what does not belong to me? Have I wasted time or resources? Have I neglected to use my talents and resources to help those in need? Have I failed to let others borrow my possessions for good reason? Have I failed to do my work well? Have I failed to contribute to the good of others through my work? Have I failed to do my chores and schoolwork as best I can, with a good attitude?

DON'T LIE

8

Beware of Dragons:
BILGEWATER, GOLGOTH,
STINKMOUTH

Have I failed to always tell the truth to myself, God, and others? Have I gossiped, or shared information I shouldn't have?

DON'T COVET NEIGHBOR'S SPOUSE

9

Beware of Dragons:
AVARUS, BOGS, BUCEPHALUS,
YOUERPIN

Have I been grateful for my spouse or my vocation in life? Have I shown the people in my life the proper gratitude and respect? Have I thanked God for the people He has placed in my life? Have I been sorrowful about other people's happy relationships?

DON'T COVET NEIGHBOR'S GOODS

10

Beware of Dragons:
AVARUS, BOGS,
BUCEPHALUS, YOUERPIN

Have I been grateful for what I have, or greedy to have what others have? Have I been generous with my time and possessions, or have I been stingy? Have I given away what I do not need?

HOW DO I GO TO CONFESSION?

1. PREPARE

- Do an Examination of Conscience.
- Pray to the Holy Spirit to help you, then plan what you will tell the priest.
- Read as a family the Parable of the Prodigal Son (Luke 15:11-32) and/or Psalm 51.

2. CONFESS

- You can usually choose the option of face to face or behind the screen. The priest welcomes you. Make the sign of the Cross.
- You may say, "Bless me, Father for I have sinned." Give an approximate time since your last confession. Tell your sins simply & plainly.
- Listen to the priest's advice and remember the penance he gives you. Say an act of contrition (Examples on the front). The priest absolves you.
- Do your penance right away if you can.
- Thank God for his mercy and love for you.

3. CELEBRATE

- As a family, burn your sins if written down, to remember they are gone!
- Enjoy a steak or hamburger (Kill the fattened calf!) or another treat!