

THE DRAGON SLAYERS LENTEN CHALLENGE

7 Week Lenten Challenge



Week One: The Red Dragon

February 22nd - February 26th



Week Two: The Orange Dragon

February 27th - March 5th



Week Three: The Yellow Dragon

March 6th - March 12th



Week Four: The Green Dragon

March 13th - March 19th



Week Five: The Blue Dragon

March 20th - March 26th



Week Six: The Indigo Dragon

March 27th - April 2nd



Week Seven: The Violet Dragon

April 3rd - April 8th

WEEK ONE: THE RED DRAGON

Kenodox of Pride

CHECK MARK THE BOXES FOR COMPLETION!

Feb 22

DON'T COMPLAIN ABOUT ANYTHING DURING LENT, EVEN IF YOU ARE RIGHT OR IT ISN'T FAIR.

☐

Feb 23

OFFER YOUR FAVORITE SEAT ON THE COUCH TO SOMEONE ELSE, TAKE THE WORST SEAT.

☐

Feb 24

BE JOYFULLY OBEDIENT TO WHAT YOUR PARENTS ASK YOU TO DO.

☐

Feb 25

LET YOUR SIBLINGS OR PARENTS DECIDE WHAT TO WATCH ON TV OR WHAT GAME TO PLAY.

☐

Feb 26

WORSHIP GOD WHOLEHEARTEDLY AT MASS!

WEEK ONE TOTAL

/4



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WEEK TWO: THE ORANGE DRAGON

Invidia of Envy

CHECK MARK THE BOXES FOR COMPLETION!

Feb 27

GIVE EACH MEMBER OF YOUR FAMILY A DAY OF THE WEEK. PRAY FOR THEM THAT DAY.

☐

Feb 28

GIVE YOUR BROTHER OR SISTER OR COUSIN A COMPLIMENT.

☐

Mar 1

TELL A FRIEND A QUALITY YOU ADMIRE ABOUT THEM.

☐

Mar 2

THINK OF A PERSON WHO INSPIRES YOU. SAY A PRAYER OF THANKS FOR THAT PERSON AND THEIR TALENTS.

☐

Mar 3

LIST THE TALENTS YOU HAVE AND TELL GOD HOW GRATEFUL YOU ARE FOR THEM.

☐

Mar 4

DRAW A PICTURE OR WRITE A LETTER TO GIVE TO SOMEONE YOU CARE ABOUT.

☐

Mar 5

WORSHIP GOD WHOLEHEARTEDLY AT MASS!

WEEK TWO TOTAL

/6



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WEEK THREE: THE YELLOW DRAGON

Akedia of Sloth

CHECK MARK THE BOXES FOR COMPLETION!

Mar 6

PRAY A ROSARY, REALLY MEDITATE ON THE MYSTERIES.

☐

Mar 7

LOOK UP TODAY'S MASS READINGS AND READ THROUGH THEM PRAYERFULLY.

☐

Mar 8

PRAY FOR THE SOULS IN PURGATORY, ESPECIALLY WHEN DRIVING PAST A CEMETERY.

☐

Mar 9

OFFER UP THE SACRIFICES OF YOUR DAY FOR SOMEONE YOU KNOW WHO HAS DIED.

☐

Mar 10

POST THIS PHRASE ALL OVER YOUR HOUSE AND LIVE BY THIS RULE: "TRY YOUR BEST, AND TRUST IN GOD'S GRACE TO DO THE REST."

☐

Mar 11

READ A FAVORITE BIBLE STORY OR PASSAGE TO YOUR FAMILY AND EXPLAIN WHY YOU LIKE IT.

☐

Mar 12

WORSHIP GOD WHOLEHEARTEDLY AT MASS!

WEEK THREE TOTAL

/6



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WEEK FOUR: THE GREEN DRAGON



Argyros of Greed

CHECK MARK THE BOXES FOR COMPLETION!

Mar 13

DONATE \$5 TO YOUR FAVORITE CHARITY OR PARISH.

☐

Mar 14

VISIT A GRAVEYARD AND PRAY FOR THE SOULS OF THE FAITHFULLY DEPARTED.

☐

Mar 15

DO AN EXTRA CHORE AROUND THE HOUSE WITHOUT BEING ASKED.

☐

Mar 16

CALL OR VISIT YOUR GRANDMA OR ANOTHER RELATIVE JUST TO SAY HELLO.

☐

Mar 17

SHARE A FAVORITE TOY OR GAME WITH A SIBLING OR FRIEND. WEAR GREEN FOR ST. PATRICK.

☐

Mar 18

TELL YOUR PARENTS AND/OR TEACHERS HOW MUCH YOU APPRECIATE THEM.

☐

Mar 19

WORSHIP GOD WHOLEHEARTEDLY AT MASS!

WEEK FOUR TOTAL

/6



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WEEK FIVE: THE BLUE DRAGON



Charah of Wrath

CHECK MARK THE BOXES FOR COMPLETION!

Mar 20

DO AN ACT OF KINDNESS FOR YOUR FAMILY. ASK ST. JOSEPH TO HELP YOU.

☐

Mar 21

SAY YOU ARE SORRY FOR ANY WRONGS YOU HAVE DONE TO YOUR FAMILY OR FRIENDS.

☐

Mar 22

THINK ABOUT A TIME YOU HAVE BEEN HURT BY OTHERS. FORGIVE THAT PERSON IN YOUR HEART.

☐

Mar 23

DO SOMETHING KIND FOR SOMEONE WHO HAS BEEN MEAN TO YOU OR SOMEONE WHO NEEDS A FRIEND.

☐

Mar 24

PRAY FOR THE CONVERSION OF ALL SINNERS.

☐

Mar 25

LOOK UP THE PRAYER OF ST. FRANCIS THAT BEGINS WITH, "MAKE ME A CHANNEL OF YOUR PEACE." PRAY IT.

☐

Mar 26

WORSHIP GOD WHOLEHEARTEDLY AT MASS!

WEEK FIVE TOTAL

/6



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WEEK SIX: THE INDIGO DRAGON

Gula of Gluttony



CHECK MARK THE BOXES FOR COMPLETION!

Mar 27

GIVE UP ALL DESSERTS AND TREATS TODAY.

☐

Mar 28

DRINK WATER INSTEAD OF POP OR JUICE TODAY.

☐

Mar 29

FAST FROM SALT, PEPPER, KETCHUP, MUSTARD, OR ANY CONDIMENT.

☐

Mar 30

DONATE CANNED GOODS TO A HOMELESS SHELTER.

☐

Mar 31

DON'T EAT MEAT AND FAST BETWEEN MEALS.

☐

Apr 1

BUY A SMALL GIFT CARD FROM A RESTAURANT. SHARE IT WITH SOMEONE ELSE.

☐

Apr 2

WORSHIP GOD WHOLEHEARTEDLY AT MASS!

WEEK SIX TOTAL

/6



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WEEK SEVEN: THE VIOLET DRAGON

Agabah of Lust



CHECK MARK THE BOXES FOR COMPLETION!

Apr 3

HELP YOUR MOM OR DAD COOK A HEALTHY FAMILY MEAL.

☐

Apr 4

SAY THANK YOU TO GOD FOR MAKING YOU A BOY OR A GIRL.

☐

Apr 5

TAKE A BATH OR SHOWER AND MAKE SURE YOUR BODY IS CLEAN.

☐

Apr 6

DRESS UP NICE FOR HOLY THURSDAY MASS. BE SURE TO COMB YOUR HAIR AND BRUSH YOUR TEETH.

☐

Apr 7

REFLECT ON THE CRUCIFIX TODAY AND HOW JESUS GAVE UP HIS BODY FOR YOU.

☐

Apr 8

HAVE A FAMILY DISCUSSION ON "THE RESURRECTION OF THE BODY" AND WHY WE SHOULD RESPECT OUR BODIES.

☐

Apr 9

HAPPY EASTER!!! WORSHIP GOD WHOLEHEARTEDLY AT MASS!

WEEK SEVEN TOTAL

/6



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Week Seven: The Violet Dragon

April 3rd - April 8th

/6



ADD UP YOUR WEEKLY SCORES!



THE DRAGON SLAYERS LENTEN CHALLENGE TOTAL

/40

RECEIVE A PRIZE!!

EMAIL SIR ROLLAND YOUR SCORE!

JOHN@EXTRAORDINARYMISSION.COM